

## HEART

*values, stories & truths to guide family culture*



## HABITS

*routines & rhythms to set family expectations*



## HEADS

*lessons to spark curiosity & a love for learning*



## HANDS

*skills & milestones for growth*



## OUR WEEKLY INTENTION

## BIBLE MEMORY VERSE

	M	T	W	H	F
<b>Early Morning Routine</b>					
Workout					
Shower/Get Ready					
Make Bed					
<b>Morning Rhythm</b>					
Get Dressed					
Make Bed					
Brush Teeth					
<b>Morning Time</b>					
Breakfast					
Devotional					
Memory Verse					
Daily Review					
<b>Free Play</b>					
<b>Toddler Time</b>					
Chores					
Learning Activity					
Creative Time					

	M	T	W	H	F
<b>Lunchtime Rhythm</b>					
Lunch					
Read Aloud					
Walk/Outside Time					
<b>Rest Time/Work</b>					
<b>Afternoon Rhythm</b>					
Dinner Prep					
Pick Up					
TV Time					
<b>Evening Rhythm</b>					
Dinner					
Walk					
Bath Time/Brush Teeth					
Bible Story Time					
Bed Time					
<b>Nightly Routine</b>					
Clean & Reset House					
Read, Bible Study					
Work					